Members of Congress, the Michigan Legislature, and County Boards of Commissioners are elected to be the spokespersons of their constituents. Michigan citizens must play an important role in the lawmaking process by informing their elected officials of their opinions on issues. There are four main ways to communicate with your elected officials:

<table>
<thead>
<tr>
<th>More Impactful</th>
<th>Less Impactful</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>By Visit</strong></td>
<td><strong>By Email</strong></td>
</tr>
<tr>
<td>Legislators are eager to meet their constituents and will try to accommodate your request for a personal meeting. Please make an appointment in advance, and understand if the legislator is called away for an unscheduled committee meeting or session. You may meet with a staff member who will be welcoming and attentive to your concerns.</td>
<td></td>
</tr>
<tr>
<td><strong>By Phone</strong></td>
<td></td>
</tr>
<tr>
<td>A phone call is a quick and easy way to contact your legislator. Direct phone numbers are provided in the pages that follow. You may also contact the state Capitol switchboard and they will direct your call.</td>
<td></td>
</tr>
<tr>
<td><strong>By Letter</strong></td>
<td></td>
</tr>
<tr>
<td>Include your full name and address so staff can confirm you are a constituent and provide a response.</td>
<td></td>
</tr>
<tr>
<td>For MI State Legislators address letters as indicated below:</td>
<td></td>
</tr>
<tr>
<td>The Honorable (Full Name)</td>
<td>The Honorable (Full Name)</td>
</tr>
<tr>
<td>State Senator</td>
<td>State Representative</td>
</tr>
<tr>
<td>State Capitol</td>
<td>State Capitol</td>
</tr>
<tr>
<td>P.O. Box 30036</td>
<td>P.O. Box 30014</td>
</tr>
<tr>
<td>Lansing, MI 48909-7536</td>
<td>Lansing, MI 48909-7514</td>
</tr>
<tr>
<td><strong>By Email</strong></td>
<td></td>
</tr>
<tr>
<td>Email addresses are provided on the pages that follow. In your email, please include your full name and mailing address. To prevent the spread of viruses, most officials will not open any attachments or view emails that contain pictures. It is never appropriate to send chain emails or spam.</td>
<td></td>
</tr>
</tbody>
</table>
**U.S. Delegation**

**United States Senior Senator**

Sen. Debbie Stabenow (D)
731 Hart Senate Office Building
Washington, DC 20510
Phone: (202) 224-4822

**United States Senator**

Sen. Gary Peters (D)
724 Hart Senate Office Building
Washington, DC 20510
Phone: (202) 224-6221

**United States Representative 7th District**

Rep. Tim Walberg (R)
2436 Rayburn House Office Building
Washington, DC 20515
(202) 225-6276

**Michigan Legislature**

**Senate District 17**

Sen. Dale Zorn (R)
5100 Binsfeld Building
(517) 373-3543
Sendzorn@senate.michigan.gov
Term: 2 of 2

**House District 17**

Rep. Joseph Bellino (R)
696 Anderson Bldg.
(517) 373-1530
JosephBellino@house.mi.gov
Term: 1 of 3

**House District 56**

Rep. Jason Sheppard (R)
990 Anderson Bldg.
(517) 373-2617
jasonsheppard@house.mi.gov
Term: 2 of 3

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**Monroe County Board of Commissioners**

125 E. Second St, Monroe, MI 48161 (734) 240-7003

**District 1:** David Hoffman (Dundee, Summerfield and Ida Townships, City of Petersburg, Village of Dundee)
dhoffmandist1@gmail.com

**District 2:** Mark Brant (Milan, London, Exeter and Raisinville Townships, City of Milan, Village of Maybee)
mbrantdist2@gmail.com

**District 3:** Dawn Asper (Ash and Berlin Townships, Village of Carleton, South Rockwood and Estral Beach)
dasperdist3@gmail.com

**District 4:** George L. Jondro (Portion of Frenchtown Charter Township) gjondrodist4@gmail.com

**District 5:** Jason Turner (Portions of the City of Monroe and Frenchtown Charter Township)
jturnerdist5@gmail.com

**District 6:** Jerry Oley (Portions of the City of Monroe, Monroe and Frenchtown Charter Townships)
joleydist6@gmail.com

**District 7:** Gary Wilmoth (LaSalle and Erie Townships, City of Luna Pier, portion of Monroe Charter Township) 734.848.2970 gwilmothdist7@gmail.com

**District 8:** Greg Moore, Jr. (Portion of Bedford Township) VoteMoore.US@gmail.com

**District 9:** J. Henry Lievens (Whiteford Township, portion of Bedford Township) henrylievens@gmail.com

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**Need to find your district?**

**Online:** Visit the websites below to find your legislators.
- **Michigan House:** www.house.mi.gov/mhrpublic/
- **Michigan Senate:** www.senate.michigan.gov/fysbyaddress.html
- **US House:** www.house.gov/representatives/find/

**By phone:** Contact the Monroe County Clerk’s office at (734)240-7020