



1974 - 2009

Supporting  
older adults,  
persons with  
disabilities  
and family  
caregivers  
for 35 years.

CHOICE

pride *Advocacy*

EMPOWER

HOPE  
Care *Dignity*  
respect

SUPPORT

Quality

education

*Vitality*  
COMFORT

community

independence

## Milestones



### 1970's

**1974** The AAA 1-B was founded by Sandra K. Reminga, as a unit of the United Community Services of Metropolitan Detroit and funded 17 local organizations with \$327,794 in funding from the Older Americans Act.

**1976** Established a regional Information and Assistance program.

**1979** Establishment of the Title V Senior Community Service Employment Program.

#### Original Organizations Funded from 1974 through 2009

Monroe County  
Opportunity Program  
Older Persons' Commission  
Waterford Senior Center  
Council on Aging Inc., serving  
St. Clair County  
Deaf and Hearing Impaired  
Services, Inc.

### 1980's

**1980** The AAA 1-B assumed responsibility for the congregate and home delivered meal programs.

**1981** The Older Michiganians Act passed through the Michigan State House and Senate creating the Michigan Offices of Services to the Aging (OSA).

**1985** Launched the Community Care Management program in Oakland County with 70 older adults participating in the program.

**1985** Became the first area agency in Michigan to fund in-home respite care.

**1986** Began funding and raising dollars to provide Holiday Meals on Wheels.

**1987** Became a separate 501(c)3 organization and a partnership was developed with Detroit Edison and Consumers Power to provide the Gatekeeper program.

**1989** Community Care Management expands to St. Clair County.

### 1990's

**1991** The AAA 1-B Senior Advocacy Network (SAN) was established.

**1992** Awarding of funds by the AAA 1-B to begin the Macomb and Oakland Volunteer Caregiver Programs.

**1993** Selected to pilot the MI Choice Home and Community Based Services Program in Oakland County.

**1994** Statewide coverage of the Community Care Management program is realized.

**1996** Moved to a purchase of service system from a pool of provider organizations.

**1997** Start of the award winning Senior Driving Awareness Program and the piloting of the Affordable Assisted Living Program with American House Senior Living Residences.

**1998** MI Choice Home and Community Based Waiver Program expands to all six counties served by the AAA 1-B.



Advocacy • Action • Answers on Aging

# 35<sup>th</sup> ANNIVERSARY

1974 - 2009

The Area Agency on Aging 1-B (AAA 1-B) in partnership with the aging network is proud to celebrate 35 years of dedication, compassion and commitment in serving older adults, persons with disabilities and family caregivers.

## 2000's

**2000** The AAA 1-B holds the first "Solutions for Family Caregivers Fair."

**2000** The Older Americans Act is reauthorized to include the National Family Caregiver Support Program that provides new funding to support family caregivers. AAA 1-B partners with the Michigan State Housing Development Authority to expand the Affordable Assisted Living Program.

**2001** Developed the Out of Home Respite Program designed to give family caregivers an extended break from their caregiving duties and funded dementia specific adult day health services.

**2002** Michigan Department of Community Health Acute and Long Term Care Coordination Innovation pilot program was launched in Macomb and Washtenaw counties.

**2004** Awarded grant from US Department of Health and Human Services Administration on Aging for the implementation of new technology to enhance AAA 1-B's Information and Assistance program.



**2005** The transition of AAA 1-B care managers from office based to community based through the use of technology. The Medicare Medicaid Assistance Program (MMAP) prepared for assisting thousands of Medicare beneficiaries with Medicare Part D and through an integrated Care Management grant from the U.S. Administration on Aging, the AAA 1-B and Health Alliance Plan (HAP) partnered to link HAP members with chronic disease to community supports.



**2006** Retirement of founding executive director, Sandra K. Reminga; Kathleen Kirschenheiter, Associate Director; and Judith Wahlberg, Chief Fiscal Officer. The Older Americans Act was reauthorized to include private pay initiatives allowing nonprofits to explore new revenue sources.

**2007** New leadership of the AAA 1-B with Tina Abbate Marzolf.



**2008** Awarded the Administration on Aging Grant for Nursing Home Diversion through OSA; received a grant from the United Way to initiate mobility options counseling services; and helped plan the first annual Older Michiganian's Day.

## Dear Friends,

“Independence, dignity, hope, empower, choice” these words and others that grace the front cover of the 2008 Annual Report exemplify what the Area Agency on Aging 1-B (AAA 1-B) and our many partners in the aging and disability network strive for each and every day. Together we bring hope, help sustain independence, empower and provide choice for older adults, adults with disabilities and family caregivers.

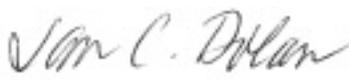
The end of 2008 marks the beginning of the celebration of 35 years of service to older adults in Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties through the establishment of the AAA 1-B in 1974. With the introduction of the MI Choice Home and Community Based Medicaid Waiver in 1992, the AAA 1-B also began serving adults with disabilities and with the reauthorization of the Older Americans Act in 2000, funding became available to provide services and outreach specific to family caregivers.

As highlighted on the first two pages of the annual report, together we have achieved many milestones since 1974 and with our strong advocacy, commitment to quality outcomes and ability to provide vital services in a cost effective way, we will continue to create and implement new programs and services that will greatly improve the lives of the people we serve. Programs such as Nursing Home Diversion and Self Determination will become more and more relevant in the coming years.

In both 2008 and 2009 the MI Choice Home and Community Based Medicaid Waiver received an increase in funding from our state legislators, however, we still have not yet realized the level of funding the program had in 2001. As the large baby boomer population continues to age into Older American Act programs, the demand for services will increase and their expectations of service delivery and accessibility will be very different from their parent’s generation. The AAA 1-B is committed to finding new revenue opportunities to help supplement the stagnant Older Americans Act funding to meet the current and future needs of older adults and adults with disabilities. In August 2008, the AAA 1-B Board of Directors made a commitment to undertake the first agency strategic plan, to help provide a clear direction and vision for the agency as we move forward in identifying new sources of revenue and developing programs to meet the aging boomers.

To achieve such progress, it takes many people working well together. Our deep appreciation to the service providers for their daily work in providing quality care; to the legislators and county commissioners who develop and support strong public policy; to the thousands of advocates who speak out on behalf of those who are unable to do so; to the members of the AAA 1-B Board of Directors and Advisory Council for their leadership and vision; and to the AAA 1-B staff for their continued dedication, hard work and commitment to our mission.

Sincerely,



Jan Dolan  
Chair, Board of Directors



Tina Abbate Marzolf  
Chief Executive Officer



Tina Abbate Marzolf, Chief Executive Officer (left)  
Jan Dolan, Chair, Board of Directors (right)

“Independence, dignity, hope, empower, choice” these words and others that grace the front cover of the 2008 Annual Report exemplify what the Area Agency on Aging 1-B (AAA 1-B) and our many partners in the aging and disability network strive for each and every day.”

HOPE



### **Resource Center 800-852-7795**

The AAA 1-B Resource Center, staffed by certified Alliance of Information and Referral Systems (AIRS) Resource Specialists provides comprehensive information, assistance and outreach regarding services for older adults, adults with disabilities and their families. To speak with a Resource Specialist call 800-852-7795 Monday to Friday, 8:00 a.m. to 5:00 p.m. or complete an email form on our website at [aaa1b.com](http://aaa1b.com).

### **MI Choice Home and Community Based Medicaid Waiver Program**

The Medicaid Waiver Program provides services for adults age 65 years and over and younger persons over the age of 18 years of age with disabilities, to help them remain living in the community or home of their choice. Individuals must meet Medicaid income requirements and qualify medically for nursing home admission.

### **Nursing Home Facility Transition Service**

This service helps provide options for eligible nursing facility residents to transition from a nursing facility back to the community and is available to all nursing home residents and is targeted to current or potential Medicaid recipients.

### **Community Care Management**

The Community Care Management program helps provide in-home services such as personal care and homemaking to help older adults who are at risk of being placed in a nursing home but do not financially qualify for the MI Choice Home and Community Based Medicaid Waiver program.

### **In-Home Services Program (ISP)**

The In-Home Services Program provides personal and home care assistance for frail older adults who have some physical limitations but are not considered to be in need of a nursing home level of care. The assistance available includes help with bathing and dressing, shopping, meal preparation, errand assistance, light housekeeping and respite services for the caregiver.

### **Out of Home Respite Program**

The Out of Home Respite Program provides 24 hour care for an older or disabled loved one in a licensed Adult Foster Care home or Homes for the Aged. Caregivers can make reservations for their loved one up to two weeks at a time, twice a year. The caregiver or care recipient must be 60 years of age or older and the care recipient must reside in the Region 1-B service area and require assistance with two or more activities of daily living such as personal care, eating, or bathing.

### **Michigan Medicare Medicaid Assistance Program (MMAP) 800-803-7174**

MMAP is Michigan's State Health Insurance Program and is funded through grants from the Centers for Medicare and Medicaid Services. Local MMAP counselors help Medicare beneficiaries or their families understand Medicare and Medicaid, compare or enroll in Medicare Prescription Drug Coverage, review Medicare supplemental insurance needs, understand Medicare health plans and apply for Medicaid or Medicare Savings Program.

# SUPPORT



Joseph, Verlee and Ruth (seated)

# Dignity

Reisa, Fanya (center) and Cheryl



## } Ruth Dunlap

Verlee Blackshere, age 73 years and her husband Joseph, age 80 years, take care of Verlee's sister Ruth, age 83, in their home in a quiet residential neighborhood. In 2002, Ruth was diagnosed with dementia, and since 2003 lived in assisted living facilities and one short stay in a nursing home, until she was able to move in with her sister Verlee over a year ago.

Ruth has thrived since moving in with Verlee and Joseph. She enjoys listening to music, looking at family pictures and although no longer able to attend church, she watches services on television. On nice summer days she sits out on the wheelchair ramp, provided through the MI Choice Home and Community Based Medicaid Waiver Program, and enjoys the warm sun and fresh air. Verlee is Ruth's primary caregiver and takes care of her seven days a week. Through the Medicaid Waiver program she receives 20 hours of assistance from a home health care company that gives her time to attend church with Joseph, who is also the church's pastor, participate in weekly meetings with the Golden Opportunity Club, do shopping and other errands to maintain her quality of life. Joseph also provides great support to Verlee, when she needs a break, and greatly enjoys laughing and joking with his sister-in-law Ruth. "We are very blessed to have the AAA 1-B and everything we need to care for my sister."

## } Fanya Agranova

Six years ago, Fanya's husband passed away, and her only daughter Reisa Yasenetskaya began caring for her mother who had just recently been diagnosed with Alzheimer's. Fortunately, Reisa contacted the Area Agency on Aging 1-B and placed her mother on the wait list for the MI Choice Home and Community Based Medicaid Waiver program. Two years later, Fanya was enrolled into the Medicaid Waiver program, and has been on the program for close to four years.

Last year, Reisa, moved to Self Determination under the Medicaid Waiver program, and was able to directly hire an aide, Cheryl Loukinen, to help care for her mother. Fanya has remained living in her one bedroom apartment, as Cheryl is able to spend the evenings and assists Fanya with many needs including homemaking and personal care. Reisa and Cheryl work together to share many of these responsibilities and to help Fanya, now 82 years old, live with dignity in her home. Although Fanya only speaks Russian, and Cheryl, has learned so far, only a few Russian words, they communicate with each other and share a strong bond. The program gives Reisa peace of mind, as she knows each day, when she leaves, that her mother will be nourished, happy, comfortable and clean.

# COMFORT

Steve, Debbie (center) and Trish



# respect

Musiratu (left) and Lena



## } Deborah Yingling

Deborah (Debbie) was born with Down's syndrome in 1951. The oldest of six children, Debbie's parents vowed she would always be taken care of. When Debbie's mother passed away a few years ago, care for Debbie was passed to her brothers and sisters. Happy and vivacious, Debbie functions at the level of a five or six year old, so she requires constant care and supervision. Through the MI Choice Home and Community Based Medicaid Waiver Program, Debbie now resides with her brother Steve and his wife Trish, who is also Debbie's care provider. As a direct care worker employed through a funded health care provider of the Area Agency on Aging 1-B, Trish is paid for the services she provides to Debbie.

Steve and Trish are very grateful for the Medicaid Waiver program. Steve stated "If it wasn't for the AAA 1-B helping out, Trish would have needed to return to the workforce and we would not be able to afford the level of care Debbie needs during the day."

Debbie enjoys watching television, rug hooking, puzzles, going to church every Sunday and loves the summer when she can go outside and play. Her favorite foods are ice cream and milkshakes. Surrounded by love of her family and the two family dogs, Candy and Shadow, Debbie is safe and secure in the comfort of her home.

## } Lena Ricks

Age 71 years young this year, Lena lives independently in her comfortable apartment with her two cats Baxter and Sophie. As a child Lena had polio, which later caused Post Polio Syndrome, limiting her mobility and placing her, eventually, in a wheelchair. A strong advocate of adults with disabilities, Lena worked for many years with the local Center for Independent Living and practiced social work for 10 years, after receiving her Masters of Social Work, at the age of 55, from Eastern Michigan University. Lena is still very active in the community, belonging to a book club which meets at her home and staying engaged with friends and family through the internet.

A participant in the MI Choice Home and Community Based Medicaid Waiver Program, Lena manages her own care through Self Determination. Lena is responsible for determining her own plan of care and implementing the plan. To help her remain living independently, Lena employs Musiratu Abdul, as a personal assistant, who works 7 days a week, five hours a day. Musiratu assists Lena with cooking, cleaning, buying groceries, taking care of the plants and other help around the home. As stated by Lena "mutual respect between the participant and the personal assistant is very important. Musiratu is my right hand and a very good friend."

## } Highlights

In 2008, the **Medicare Medicaid Assistance Program (MMAP)** assisted over 25,000 Medicare Beneficiaries residing in Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw, saving them more than two million dollars in health related expenses.

The **9th annual Solutions for Family Caregivers Expo** held at the Best Western Sterling Inn on October 18, 2008 broke attendance records with over 1,000 family caregivers attending the event for information to help them care for their older loved one or adult with a disability.

The **AAA 1-B Ad Hoc Study "Untapped Sources of Revenue to Support Services to Older Adults"** focused on identifying ways to bring new dollars into the aging network to compensate for stagnant federal and state funding of older adult home and community based services including programs such as a state income tax check-off to fund home delivered meals and in-home services, and special cause license plates to help fund senior wellness programs.

In 2008 **AAA 1-B staff contributed more than \$1,300 through Relaxed for a Reason**, a fundraising program where staff pay \$1.00 to dress casually on Mondays. The funds were donated to eleven local nonprofit organizations including the Jewish Apartments and Services to help provide needed items for older adults impacted by the Hechtman II building fire.

In late 2008, the AAA 1-B launched **Aging Academia**, a training program designed to provide affordable training to the aging network to help promote continuous learning, professional growth and organizational effectiveness. A key pillar of the training program is the Judith J. Wahlberg Disciplines. This pillar will focus on corporate development through creative approaches to nonprofit management.

In June 2008, the AAA 1-B launched a **quarterly e-newsletter for state legislators** and their staff designed to communicate valuable information to legislators that will help them serve their older adult and adults with disabilities constituents.

Each year the AAA 1-B measures the perceptions of participants enrolled in the **MI Choice Home and Community Based Medicaid Waiver and Care Management programs** in order to hear the voice of the consumer and to monitor the quality of services provided by the agency and our pool of providers. In 2008, the quality outcomes were high with A grades in most categories. Those categories with lower than an A grade are linked directly with participants wanting access to more services than currently available.



From October 2007 through December 31, 2008, the AAA 1-B implemented an **alternative way of delivering home delivered meals in southwest Oakland County** to ensure that older adults continued to receive a meal while a new meal provider was secured. Older adults were given the option to receive a shipment of refrigerated Mom's Meals. Many clients tried the Mom's Meals, and the model proved successful with 21% preferring Mom's Meal, especially those with high health needs as it provided greater flexibility for managing health appointments. Critical Signals Technology provided personal emergency response systems at a reduced rate to interested seniors who received the Mom's Meals during the transition between nutrition providers.

**AAA 1-B Resource Specialists** linked more than 47,000 callers to thousands of home and community based services including housing options, home delivered meals, prescription assistance, personal care, homemaking, and government funded programs for long term care.

The **AAA 1-B hired a full time grant writer** to identify new funding opportunities for the AAA 1-B and other nonprofit agencies in our region. A quarterly e-newsletter "The Network Insider" is distributed throughout the network and has information on grant opportunities, training and other articles of interest. To receive a copy of this e-newsletter call the AAA 1-B at 800-852-7795.

In late September 2008, the **AAA 1-B added new tools to the website** to help family caregivers care for their older loved one. A self-assessment quiz enables visitors to gauge their stress level and then guides them to strategies and services tailored to their specific care giving situation, such as caring for a loved one with dementia. Users can also find descriptions of the services, link to a listing of providers in their area and even print coupons for services.

The newly formed **Department of Research, Advocacy and Policy Development** is focusing on obtaining quantitative data that will support many of the recommended advocacy and public policy recommendations of area agencies on aging including determining the economic value seniors bring to the local economy.

pride

### } Deborah Butka

Two years ago Deborah was in a nursing home. Today she resides in a one bedroom apartment furnished with belongings from the home she shared with her beloved husband Chester. Deborah has diabetes and lost part of her left leg to the disease several years ago; she continues to battle other health issues as a result of diabetes. Chester was her primary caregiver, helping Deborah with personal care, and also assuming the household responsibilities such as cleaning, laundry and grocery shopping. When Chester passed away four years ago, Deborah lost her primary support and as a result, moved into a nursing home. However, she was determined to leave the nursing home and take care of herself. Through the Nursing Facility Transition Service, the Area Agency on Aging 1-B was able to work with Deborah and help her relocate to a local assisted living facility. There Deborah continued to work on improving her ability to take care of daily living tasks such as laundry, homemaking, personal care and other skills.

Last year, through her own efforts, Deborah located the one bedroom apartment where she now lives, and the AAA 1-B again helped her transition into the apartment. Now Deborah, at the age of 63, is very independent and does her own laundry, cooking and takes local transportation to do grocery shopping. She receives a few services through the MI Choice Home and Community Based Waiver program including a personal emergency response system and a direct care worker who helps with some household tasks. “It is very difficult to put in words how much the Area Agency has helped me. I got my life back” comments Deborah. “I would not have been able to come this far without the help and support of my AAA 1-B care manager. If people have the desire to move back to the community they need to believe they can do it.”

“It is very difficult to put in words how much the Area Agency has helped me. I got my life back.”

Community



Deborah Butka

### } Victoria Lambert-Barefoot

Pregnant with her third child, at the age of 33, Victoria was hit from behind by a drunk driver, an accident that left Victoria with a closed head injury and paralysis from her chest down. Now age 55 years old, Victoria is able to remain living independently in the community through the MI Choice Home and Community Based Medicaid Waiver program. Educated with a college degree, Victoria remained living at home and raising her family of three children after the accident. She tried many times to return to her successful career as a trainer for a local company, however, the severity of her injuries prevented her from being able to remain working for extended periods of time. Four years ago, a girlfriend told her about the AAA 1-B, and Victoria called and met the qualifications for acceptance into the MI Choice program.

“It’s really a blessing, how much help I have received from the AAA 1-B that has allowed me to keep my dignity and remain living in my own apartment where friends and family can visit at anytime” commented Victoria. In addition to the services she receives from the MI Choice program, Victoria also calls the AAA 1-B to obtain information on other local resources such as tax assistance programs and food services. “Education is power” she noted. Victoria is grateful to have the choice to live in the community where she can enjoy her three grandchildren.



“It’s really a blessing, how much help I have received from the AAA 1-B.”

independence.

Victoria Lambert-Barefoot

# EMPOWER

## } Patricia Owens

At the age of 63, Patricia was diagnosed with Guillain-Barre Syndrome, a rare disorder in which the body's immune system attacks part of the peripheral nervous system. Patricia had a severe form of the syndrome and was almost totally paralyzed with only the ability to move her eyes and talk. After about nine weeks in the hospital, Patricia was discharged and able to return home. Her legs remained paralyzed but over time and through therapy she regained most of her walking ability with the exception of a brace on one leg. Then a few years later she developed Chronic Inflammatory Demyelinating Polyneuropathy (CIPD) which is an acquired immune-mediated inflammatory disorder of the peripheral nervous system and is associated with Guillain-Barre Syndrome. Over the past 10 years, Patricia has had four occurrences of CIDP and each episode results in further deterioration of her ability to walk and do other activities of daily living.

Through the MI Choice Home and Community Based Medicaid Waiver Program, Patricia is able to remain living in her one bedroom apartment in a comfortable senior apartment building that overlooks a small river and is close to shopping and entertainment. Through transportation provided by the program, Patricia is able to once again attend meetings at a local restaurant with friends in Waterford who have continued to remain in touch since kindergarten. Patricia has a very positive attitude and appreciates everyday. She has four children, thirteen grandchildren and three great grandchildren, whom visit her often. "Without the help provided by the Area Agency on Aging 1-B I would not be able to live the way I do."

"Without the help provided by the Area Agency on Aging 1-B I would not be able to live the way I do."



Patricia Owens

### } Wilbert Shiller

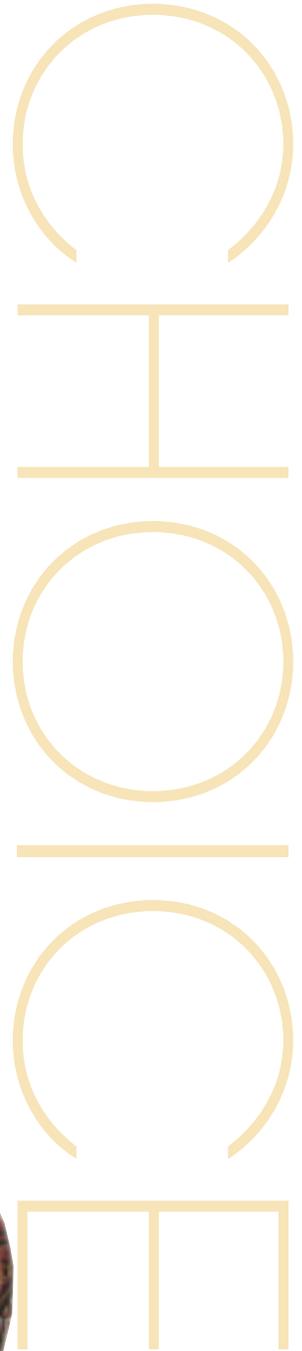
One year ago, Ellen Keils became the primary caregiver of her father, Wilbert who was diagnosed with dementia after a hospitalization and was unable to continue living in his own home. Through the MI Choice Home and Community Based Waiver program, the AAA 1-B was able to divert Wilbert from entering into a nursing home for long term care and instead Wilbert moved in with his daughter Ellen. A mother of three children, from 6 to 14 years of age, Ellen cared for her father for many months, with support from her two sisters. Through her dedicated caregiving and services provided by the MI Choice program, Wilbert was eventually able to move into a nearby Assisted Living facility. A veteran, Wilbert also qualified for the Veteran's Aid and Attendance benefit which helps cover costs of services received at the assisted living facility.

Ellen continues to visit her father everyday in his apartment, often accompanied by her young daughter Emma, who enjoys visiting her grandfather. Ellen is very grateful for the MI Choice program and for the dedication and commitment of Wilbert's AAA 1-B care manager, who helps coordinate his services and is a wonderful resource for Ellen's many questions.

Ellen is very grateful for the MI Choice program and for the dedication and commitment of AAA 1-B.



Ellen and Wilbert



### First Older Michiganians Day Held

The Area Agency on Aging 1-B along with a coalition of aging groups from across the state organized and participated in the first Older Michiganians Day (OMD) on June 11, 2008 on the steps of the state capitol building. The OMD rally brought over 500 seniors and senior advocates to Lansing to increase awareness about the value of older adults and ways to best meet the needs of a growing senior population.

In addition to the OMD rally in Lansing, local rallies were also held in each county served by the AAA 1-B. Seniors attending the local events had the opportunity to hear about efforts to make Michigan a great place to live for all ages and to share their concerns and ideas with legislators, AAA 1-B staff and other local organizations serving seniors.

### Nursing Home Diversion

The AAA 1-B was one of three area agencies on aging in Michigan to be selected by the Michigan Office of Services to the Aging (OSA) to be part of the innovative Nursing Home Diversion project, a pilot project funded by the Administration on Aging. This grant which began on September 30, 2007 and ends on March 30, 2009, helps Michigan build on current long term care efforts and re-engineer how Older Americans Act funded services are provided.

The pilot program offers seniors who are 60 years of age and older and require assistance with daily care needs to remain independent and living in the community with access to professional help to find community resources and supports that best fit their individual needs.

An independent living consultant is available to talk with the senior and their family to discuss resources including personal care, adult day services, available insurance benefits, and other services to help the senior remain living in their home. The consultant supports, educates and encourages the senior in decision making, but will not make the decisions on behalf of the senior. The senior is also able to involve whom they wish in the planning process.

Initially launched in Macomb County in partnership with the Macomb County Department of Senior Citizen Services, the grant area has been expanded to include Washtenaw County.

### Older Adult Fraud and Financial Exploitation

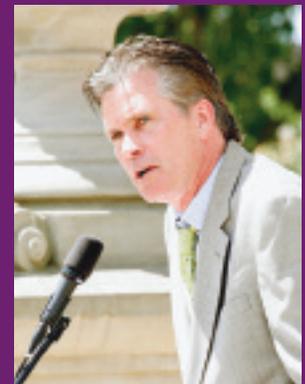
The AAA 1-B in collaboration with the SAVE Task Force of Oakland County, the Macomb County Department of Senior Citizen Services, Neighborhood Legal Services of Michigan, the Wayne County Prosecutor's Elder Abuse Unit, and the Oakland County Prosecutor's Office hosted an Older Adult Fraud and Financial Exploitation Leadership Summit. The summit brought together professionals from across the region including law enforcement officers, bank/credit union managers, adult protective services, victim liaisons, senior center outreach supervisors, homecare agencies and senior housing staff to start developing a more coordinated community response to older adult fraud and financial exploitation.



*Gary Muentener, from Senator Jud Gilbert's office, meets with a group of seniors at the 2008 Older Michiganian's Day Rally in Lansing.*



*Senate Majority Leader, Senator Mike Bishop, Older Michiganians Day 2008*



*Speaker of the House, Representative Andy Dillon, Older Michiganians Day 2008*

### **Sandra K. Reminga Lifetime Achievement Award**

Kathleen Kirschenheiter  
Former Associate Director and  
Director of Community Care Services

This award is presented in appreciation for the exceptional commitment Kathleen made during her 26 years at the AAA 1-B towards improving the lives of older adults, adults with disabilities and family caregivers. Under her leadership, as Associate Director and Director of Community Care Services, Kathleen was instrumental in piloting the MI Choice Home and Community Based Waiver program in 1993 and the eventual expansion of the program, region and statewide in 1998. Kathleen was also very involved with helping to achieve the expansion of the Community Care Management program to serve older adults across the state of Michigan, and her strong guidance was essential in helping the AAA 1-B care managers move from office based to community based.



*Kathleen Kirschenheiter*

### **Volunteer/Community Leadership Award**

Robert Hull  
Member, AAA 1-B Advisory Council  
Member, Michigan Senior Advocates Council

In recognition of Robert's (Bob) contributions, support, and commitment to the mission of the AAA 1-B and older adults including his involvement as a member of the AAA 1-B Advisory Council, his excellent contributions to several AAA 1-B Advisory Council Ad Hoc Study Committees including the most recent study that focused on Untapped Revenues, his advocacy efforts with the Michigan Senior Advocates Council, and his involvement with the local AARP chapter.



*Robert Hull*

### **Public Service Leadership Award**

Paul Reinhart, Director  
Medical Services Administration  
Michigan Department of Community Health

In appreciation for Paul's dedication to serving the needs of older adults and for being a prominent champion for older Michiganians and disabled adults who need long term care through his support of the MI Choice Home and Community Based Medicare Waiver Program and his leadership in rebalancing long term care in the State of Michigan.

### **Special Recognition**

Meta Lothman  
AAA 1-B Fiscal Analyst

In tribute to Meta's dedication to the Area Agency on Aging 1-B for the past 33 years and her unwavering commitment to meeting the mission of the agency through her strong fiscal guidance and helping ensure that older adults, adults with disabilities and family caregivers have choice in long term care.



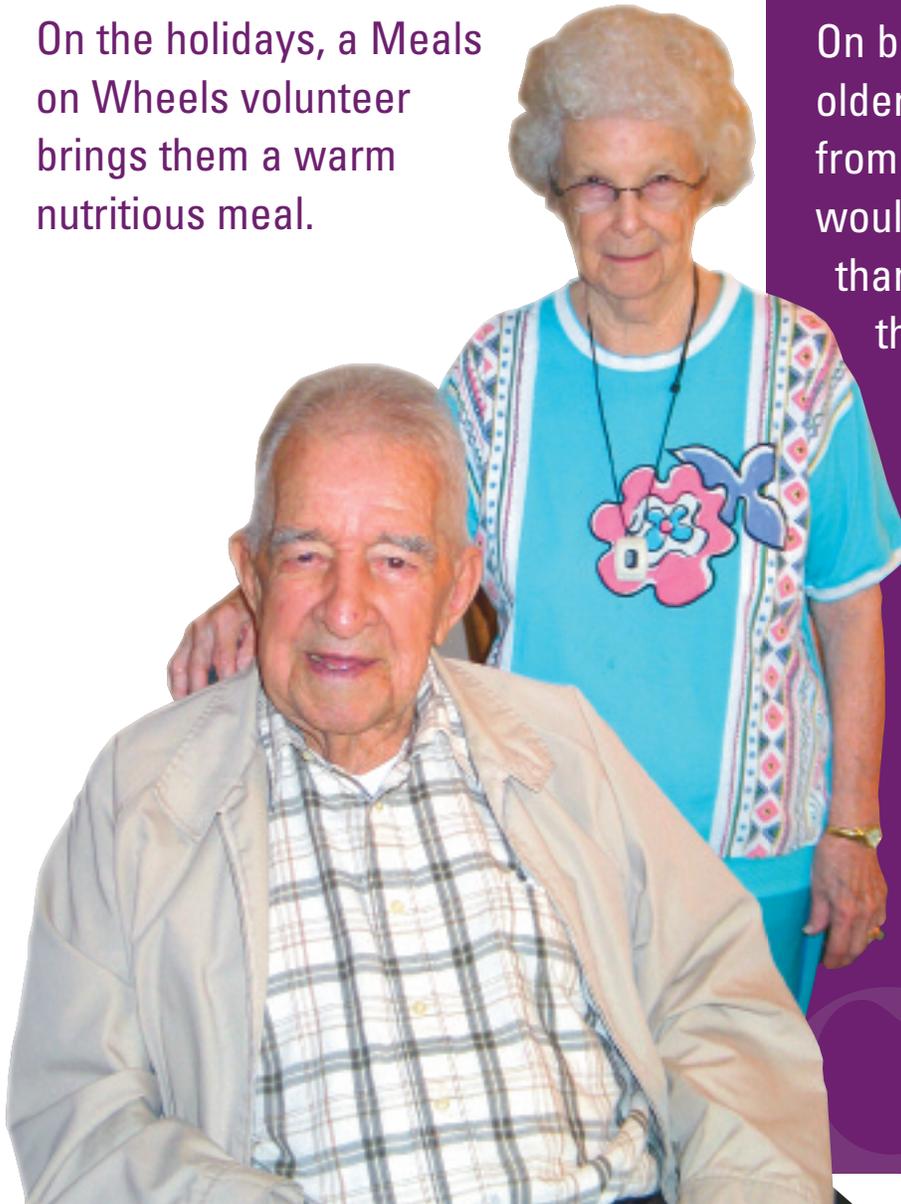
*Meta Lothman*

## } Arthur and Margot

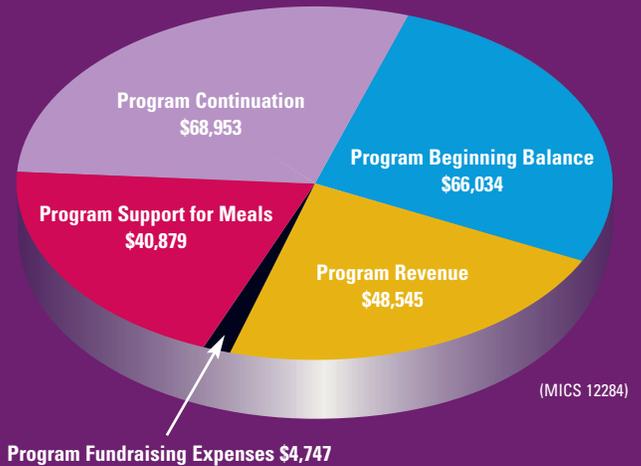
After both lost their spouses early in life, Arthur and Margot found each other. Now, at age 94 and 97, they have been married for over 48 years. Each weekday, a Meals on Wheels volunteer brings them a warm nutritious meal. The couple looks forward to the visit, and this service has helped them remain together in their own home. While traditional government funding covers the cost of these weekday meals, it does not cover the cost of a holiday meal. The program depends on donations to make sure homebound seniors are not left hungry or alone on the holidays.

Arthur and Margot, and many of the other frail, homebound seniors depend on the AAA I-B to raise funds to provide this welcome visit from a volunteer and deliver a festive meal on Thanksgiving, Hanukah, Christmas Day, New Years Day, Passover and Easter. In 2008, the AAA I-B raised over \$48,000 to help provide holiday meals on wheels.

On the holidays, a Meals on Wheels volunteer brings them a warm nutritious meal.



## Eldercare Fund Report Fiscal Year 2008



On behalf of the thousands of older adults who have benefited from this program in 2008, we would like to extend a warm thank you to our supporters for their very generous donations.

care

## Partners

The Area Agency on Aging 1-B is proud to partner with the following organizations to provide services to help older adults and persons with disabilities remain in their home or chosen place of residence for as long as possible.

A+ Nursing Inc.  
 Abbore Healthcare Services, Inc.  
 Abcare's Home Health Exchange  
 A Better Way of Living, LLC  
 Action Home Health Care  
 ADA Homes Inc.  
 Affordable Home Care  
 All Care, Inc.  
 A.L.C.C, Inc.  
 Allied Nursing Care Inc.  
 All Valley Home Care  
 All-Ways Care Services  
 Alternative Choices, LLC  
 Alzheimer's Association  
 American House Senior Living Residences  
 Angel Home Care Services, Inc.  
 Ann Arbor Center for Independent Living  
 Arcadia Health Services  
 Arden Courts Assisted Living  
 Association of Chinese Americans  
 Atrium Home & Healthcare Services, Inc.  
 Bay Nursing Inc.  
 Binson's Home Health Care Centers  
 Blue Water Center for Independent Living  
 Bonk Brothers Services  
 Caring Alternatives, Inc.  
 Care Connected, LLC  
 Care in Comfort  
 Care One, Inc.  
 Caring Hearts by Virginia  
 Caring Hearts Home Care, Inc.  
 Catholic Services of Macomb  
 Catholic Social Services of Livingston  
 Catholic Social Services of Monroe  
 Catholic Social Services of Oakland  
 Catholic Social Services of St. Clair  
 Catholic Social Services of Washtenaw  
 Chelsecare Home Health  
 CHS Group, LLC  
 Citizens for Better Care  
 City of Farmington Hills  
 City of St. Clair Shores  
 Comfort Keepers.  
 ComForcare Senior Services  
 Community & Home Supports, Inc  
 Community Living Services  
 Community Outreach Services Corp.  
 Council on Aging, Inc., serving St. Clair County  
 Coventree Home Health Care, Inc.  
 Critical Signal Technologies  
 Crittenton Hospital Lifeline Program  
 Deaf & Hearing Impaired Services, Inc.  
 Detroit Baptist Manor  
 Disability Network Oakland & Macomb  
 Elite Care, LLC  
 Emerald Food Services  
 Evergreen Personal, L.L.C.  
 Excellacare  
 Fairfax Manor Health Care Associates, Inc.  
 Faith in Action for Monroe County  
 First Impressions Health Care Solutions LLC  
 Focus Care Home Health, Inc.  
 Franklin Terrace Apartments  
 Frenchtown Senior Citizens, Inc.  
 Friends Who Care Ann Arbor  
 Friends Who Care Monroe  
 Friends Who Care Southfield  
 Friman Home Care Agency  
 Grand Court Novi  
 Greater Detroit Agency for the Blind and Visually Impaired  
 Greater Bloomfield Senior Association  
 Griswold Special Care Troy/Macomb  
 GT Financial Services  
 Guardian Medical Monitoring, Inc.  
 Harbor Health Private Care, Inc.  
 Harbor Light Health, Inc.  
 Hartland Consolidated Schools  
 Help At Home, Inc.  
 Helpful Neighbors Services, LLC  
 Helping Hands Nursing Service, Inc.  
 Henry Ford Home HealthCare/Helpline  
 Home Health Outreach  
 Home Instead Senior Care  
 Home Instead Senior Care/Shelby  
 Homestead Home Health Care, Inc  
 Homewatch Caregivers of Ann Arbor  
 I.M.P.A.C.T – Riverbend Assisted Living Facility  
 Independence Health Corp.  
 Independent Nursing Services  
 Independent Opportunities of MI, Inc.  
 Innovations Home Care  
 Integrated Living, Inc.  
 Interdependence, Inc.  
 Interim Healthcare of Toledo  
 Interim of Oakland County  
 J Care, Inc.  
 Jewish Family Services  
 Jewish Home and Aging Services  
 JVS  
 Lake Erie Transit  
 Lakeshore Legal Aid  
 Legal Services of South Central Michigan  
 Lighthouse of Oakland County, Inc  
 Living Independence For Everyone  
 Livingston County Senior Nutrition Program  
 Macomb County Community Services Agency  
 Macomb County Dept of Senior Citizen Services  
 Macomb County Interfaith Volunteer Caregivers  
 Marie Kathy Home Care Agency  
 Maxim Healthcare Services, Inc.  
 MedEx Direct Pharmacy  
 Metro Home Health Care Plans, Inc.  
 Metrostaff Health Care  
 Mitchell Home Medical, Inc.  
 Mom's Meals  
 Monroe County Opportunity Program  
 Monroe County Senior Legal Services  
 Monroe Home Care Shoppe, Inc.  
 Moran Medical Monitoring  
 Motor Meals of Ann Arbor  
 M&Y Care, LLC  
 National Council of Jewish Women  
 Neighborhood Senior Services  
 Norman Towers Retirement Residences  
 Northfield's Human Services  
 Nurse Match Staffing Solutions, Inc.  
 Oakland Livingston Human Services Agency  
 Older Persons' Commission  
 Parrish Home Support  
 Partners in Personal Assistance, Inc.  
 Patient Support Services  
 Personal Touch Home Healthcare Services  
 Platinum Care, Inc.  
 Precise Health Care Services  
 Pontiac Meals on Wheels  
 Presbyterian Villages of Michigan  
 Professional Parent Care  
 Professional Village Pharmacy  
 Regents of the University of Michigan  
 Residential Grocery Service, Inc.  
 Residential Medical Supply  
 Restoration Towers  
 SarahCare – Lakeside  
 Security Link ADT, Inc.  
 Senior Helpers in Home Care  
 Serenity Private Care  
 Shared Care Services  
 Shannon's Organizing Service  
 Sheldon Pharmacy & Medical Supply  
 Signature Home Care, Inc  
 Southeast Michigan Indians, Inc.  
 The Medical Team, Inc.  
 Total Home Health Aide Services, Inc.  
 Trillium Home Care  
 True Worth Home Health Care  
 United Manor Senior Residences  
 VNA Health Services  
 VRI of Michigan  
 Washtenaw County ETCS Group  
 Waterford Senior Center  
 Watson Health Care  
 Willow Enterprises  
 Wright & Filippis  
 Ypsilanti Meals on Wheels

## Community Support Services Clients Served in Fiscal Year 2008 (Unaudited)

County	In-Home Services (ISP Clients)	Community Care Management (CCM) Clients (Includes Rapid Response Clients)	Unduplicated ISP/CCM Clients	MI Choice Clients	Nursing Facility Transition Clients
Livingston	32	128	160	68	1
Macomb	31	233	263	199	18
Monroe	94	203	297	86	3
Oakland	45	293	336	438	35
St. Clair	28	95	122	60	4
Washtenaw	22	160	182	172	14
<b>Total</b>	<b>252</b>	<b>1,112</b>	<b>1,360</b>	<b>1,023</b>	<b>75</b>

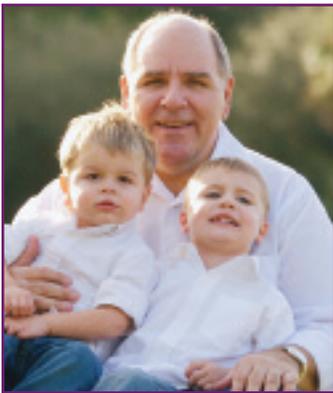


### Units of Service Provided:

ISP	45,326
CCM	493,075
MI Choice	3,397,432
NFT	2,395
<b>Total units of service</b>	<b>3,935,833</b>

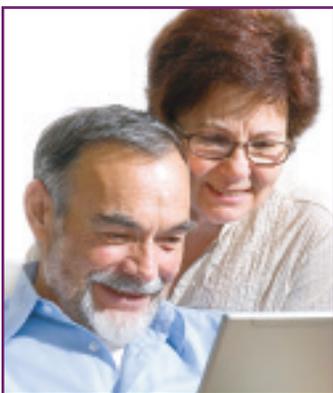
### Funds expended (unaudited):

ISP	\$166,927
CCM	\$1,769,526
MI Choice	\$12,506,479
NFT	\$126,241
<b>Total funds expended</b>	<b>\$14,442,932</b>



## Contracted Services, Units and Clients Served in Fiscal Year 2008

<u>SERVICE</u>	<u>UNITS</u>	<u>CLIENTS</u>
Adult Day Care	94,836	293
Chore	2,705	1,238
Congregate Meals	450,320	16,082
Elder Abuse Prevention	1,574	356
Grandparents Raising Grandchildren	1,650	217
Hearing Assistance Services	3,370	1,612
Home-Delivered Meals	1,828,114	11,218
Home Injury Control	10,492	3,315
Homemaking	860,514	1,248
In-Home Respite Care	558,331	443
Volunteer Caregivers	21,958	276
Legal Services	8,535	5,057
Long Term Care Ombudsman	1,250	1,104
Medication Management	4,103	36
Out of Home Respite	35,448	67
Personal Care	1,687,384	1,372
Resource Advocacy	15,869	11,529
Senior Transportation	216,544	552
Vision Assistance Services	1,189	701



# Financial Statement

## AREA AGENCY ON AGING 1-B Audited Statements of Revenue, Expenses and Changes in Unrestricted Net Assets

Changes in Unrestricted Net Assets	Year Ended September 30	
	2008	2007
Revenue and support:		
Federal grants	\$ 18,362,184	\$ 17,684,790
State grants	12,986,220	12,854,229
Local support	3,079,051	3,358,908
Local contributions and similar revenue	-	56,502
Local - county contributions	499,963	347,076
Program income	3,148,069	3,918,837
Other income	668,677	472,329
Interest income	107,946	218,546
<b>Total support and revenue</b>	<b>38,852,110</b>	<b>38,911,217</b>
Programs services:		
Support programs	9,204,805	7,317,226
Nutrition program	11,059,055	11,101,873
HCBS Medicaid Waiver	15,160,610	13,799,375
Eldercare program	45,626	58,642
Other programs	2,257,093	4,159,420
Total program services	37,727,189	36,436,536
Supporting services:		
Management and general	1,034,591	966,200
<b>Total expenses</b>	<b>38,761,780</b>	<b>37,402,736</b>
Loss on Disposal of Assets	(34,568)	-
Increase in unrestricted net assets before effect of SFAS No. 158	\$ 55,762	\$ 1,508,481
Effect of SFAS No. 158	\$ 682,985	\$ 767,806
<b>Increase (Decrease) in Unrestricted Net Assets</b>	<b>\$ (672,223)</b>	<b>\$ 740,675</b>
<b>Unrestricted Net Assets - Beginning of year</b>	<b>5,035,774</b>	<b>4,295,099</b>
<b>Unrestricted Net Assets - End of year</b>	<b>\$ 4,408,551</b>	<b>\$ 5,035,774</b>

*The above information represents one of the Agency's basic financial statements. To obtain further information regarding the Agency's financial performance, interested parties should examine a complete set of the audited annual financial statements.*

### Board of Directors

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Euphemia (Sue) Franklin  
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Robert Sanchez  
Christine Tvaroha  
SaraMarie Watson  
Shannon Wygant



### In Memory

This report is dedicated to the memory of Ardemis Kalousdian, an active member of the AAA 1-B Advisory Council who passed away in February 2009. A strong advocate for older adults, her dedication and commitment to the mission of the Area Agency on Aging 1-B will carry forward through her work on the Michigan Senior Advocates Council, her leadership as Advisory Council chair, and her contributions to the many Advisory Council ad hoc studies. Ardemis will be greatly missed but never forgotten.

The AAA 1-B would like to recognize the contributions of two long standing members who retired from the AAA 1-B Board of Directors in 2008.

### Mae Derdarian

Serving 23 years from 1985-2008 and

### Clara White

with 17 years of service from 1991-2008.

### Mission

The Area Agency on Aging 1-B enhances the lives of older adults and adults with disabilities in the communities we serve.

# Advocacy





Advocacy • Action • Answers on Aging

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Fax: 586-226-0408

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**or visit our website**

**at [www.aaa1b.com](http://www.aaa1b.com)**